

Visit Summary

Ruth Keller

Born Mar 14, 1942 (age 84)

Allergies: Penicillin (rash). Sulfa drugs.

Conditions: Alzheimer's disease (moderate), type 2 diabetes, high blood pressure, osteoarthritis of the knees

Covers: Sep 29 to Oct 28, 2026 (30 days)

Prepared: October 28, 2026, from notes by Alex and Dan

At a glance, Sep 29 to Oct 28, 2026

- Falls: 2 (1 with an injury)
- Doses refused: 2
- Dose times not marked: 12
- As-needed doses: 7
- Poor nights: 5 of 26 nights logged
- Behavior entries: 25
- Longest stretch without a logged bowel movement: 4 days

Questions for the doctor

- ☐ She is much more agitated from about 4 PM on. Is there anything we can try?
- ☐ Should someone look at the bruise on her left hip from the fall on Oct 21?
- ☐ Is it OK to keep giving acetaminophen for her knee most days?

Current medications

Medication	Instructions on the label	Schedule
Donepezil 10 mg Tablet	Take 1 tablet by mouth at bedtime Prescriber: Dr. Anita Patel	8:00 PM, every day
Memantine 10 mg Tablet	Take 1 tablet by mouth twice a day Prescriber: Dr. Anita Patel	9:00 AM, 9:00 PM, every day
Metformin 500 mg Tablet	Take 1 tablet by mouth twice daily with meals Prescriber: Dr. Anita Patel	8:00 AM, 6:00 PM, every day
Lisinopril 10 mg Tablet	Take 1 tablet by mouth every morning Prescriber: Dr. James Okafor	8:00 AM, every day

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Sep 29 to Oct 28, 2026 (30 days)

Medication	Instructions on the label	Schedule
Sertraline 50 mg Tablet	Take 1 tablet by mouth daily Prescriber: Dr. Anita Patel	8:00 AM, every day
Vitamin D3 1,000 IU Capsule	Take 1 softgel by mouth daily	8:00 AM, every day
Acetaminophen 500 mg Tablet	Take 1 to 2 tablets every 6 hours as needed for pain. Do not take more than 6 tablets in 24 hours.	As needed

Stopped during this period

Medication	Stopped	Reason
Oxybutynin 5 mg	Oct 12, 2026	Dr. Patel stopped it, more confused on it

Doses given, skipped and refused

Medication	Dose times	Given	Skipped	Refused	Not marked
Donepezil 10 mg	29	27	0	2	0
Memantine 10 mg	58	54	0	0	4
Metformin 500 mg	58	51	2	0	5
Lisinopril 10 mg	29	28	0	0	1
Sertraline 50 mg	29	28	0	0	1
Vitamin D3 1,000 IU	29	28	0	0	1
Oxybutynin 5 mg	12	12	0	0	0

Refused means the person would not take it. Not marked means nothing was recorded for that dose time.

As-needed doses

7 as-needed doses logged.

When	Medication	Reason given	Helped?
Fri, Oct 2, 3:10 PM	Acetaminophen 500 mg	Knee pain after walk	Yes
Tue, Oct 6, 8:10 PM	Acetaminophen 500 mg	Headache	Some

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When	Medication	Reason given	Helped?
Sat, Oct 10, 2:10 PM	Acetaminophen 500 mg	Knee pain	Yes
Tue, Oct 13, 4:10 PM	Acetaminophen 500 mg	Sore hip	Yes
Wed, Oct 21, 7:10 PM	Acetaminophen 500 mg	Hip pain after the fall	Some
Thu, Oct 22, 9:10 AM	Acetaminophen 500 mg	Hip pain	Yes
Sun, Oct 25, 3:10 PM	Acetaminophen 500 mg	Knee pain	Not noted

Falls

2 falls logged.

Fri, Oct 9, 3:40 PM

Where: bathroom. Injured: no. Help called: No one. Logged by Alex.

Slid down beside the toilet getting up. Sat on the floor until I came. No pain after.

Wed, Oct 21, 6:20 PM

Where: bedroom. Injured: yes. Help called: Family. Logged by Alex.

Tripped on the rug by the bed while sundowning. Bruise on the left hip, about the size of a palm.

Walking slowly but OK.

Sleep

Nights logged: 26

Average from bedtime to waking: 8.9 hours

Average times up in the night: 2.1

How the nights went: Good 13, Restless 8, Poor 5

Poor nights: Sep 30, Oct 9, Oct 13, Oct 14, Oct 16

Behavior

25 entries. Some entries list more than one thing.

What was noticed	Morning	Afternoon	Evening	Night	Total
Sundowning	0	0	11	0	11
Repeating questions	11	0	0	0	11
Agitation	0	0	8	0	8
Confusion	0	3	0	0	3
All entries	11	3	11	0	25

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Sep 29 to Oct 28, 2026 (30 days)

Morning is 5 AM to noon, afternoon noon to 4 PM, evening 4 to 9 PM, night 9 PM to 5 AM.

How strong: Mild 14, Moderate 10, Strong 1

Bathroom

Bowel movements: 23 (on 23 days)

Urine: 52

Accidents: 2

Longest stretch without a logged bowel movement: 4 days

Eating and drinking

Meals logged: 86. Ate all 18, most 32, half 14, little 10, none 12.

Cups to drink: 125 in all, about 4.3 a day on the days drinks were logged

Vitals entered

Numbers as typed in by the caregiver. Measured at home.

When	Blood pressure	Pulse	Temp	Weight	Blood sugar	Oxygen
Sun, Oct 4, 9:45 AM	135/80	71	98.3 °F	128.9 lb	139 mg/dL	95%
Sun, Oct 11, 9:45 AM	144/84	69	98.6 °F	129.1 lb	127 mg/dL	96%
Sun, Oct 18, 9:45 AM	132/79	79	98.3 °F	128.7 lb	140 mg/dL	96%
Sun, Oct 25, 9:45 AM	138/82	76	98.7 °F	130 lb	131 mg/dL	96%

Notes

Sat, Oct 3, 11:00 AM, Dan

Took her to the park. Happy, chatty, knew everyone's name.

Mon, Oct 12, 4:30 PM, Alex

Dr. Patel called: stop the oxybutynin. Watch for more bathroom accidents for a week.

Mon, Oct 19, 10:00 AM, Alex

New aide, Maria, started Mondays and Thursdays 9 to 1.

Ruth called her "the nice girl", asked her name 5 times.

Mon, Oct 26, 7:15 PM, Alex

Asked for her mother again after dinner. Settled with old photos.